

# NORWAY



When you think about fishing trips, locations like Ascension, Mexico & Madagascar come to mind. Gigantic coral reefs and warm water make of those places the perfect place for fishing enthusiasts. But hey! Let's go to the Arctic and catch some weird fish!

Have you ever heard about Halibut? It has been given many names, such as "princess" and "queen" or "the holy God-fish". Whether it was its fearsome looks or its great size, something about the Atlantic Halibut used to make Norwegian fishermen's imagination run wild.

Legend has it, the fish was a personification of Balder, the Norse God for strength and wisdom. Therefore, fishermen treated the holy Halibut with nothing but dignity and respect. The Halibut's godly connection has not made it seem harmless or mellow to people. On the contrary, fishermen have always been slightly (indeed, sometimes very) afraid of this monstrous female. Because it is the female that grows big, really big. With her flat and strangely skewed body, this deep-sea giant can get as large as 3.5 meters and weigh as much as 300 kilos. That's three big human males in one female fish. In comparison, the little male halibut only weighs up to 50 kilos. It's no wonder catching a female halibut has been a test of manhood for centuries.

In Norway we can target the fish in day trips from our wonderful and close accommodations. Doesn't matter the way you chose, this is a fantastic experience out of the beaten path. Something special that you must add to your bucket list trips.



# TARGET SPECIES



Among other species, we will target Cod. This common fish can be found almost everywhere up there. Good eating fish that can grow up to sizes over 30kg. We will also find the Saithe, or Coalfish. Fast swimming fish in the cod family that can reach sizes up to 20kg and are real power machines. The Pollocks are another specie one found in these waters, growing up to sizes over 10kg.

At the bottom of the fiords we can find the Wolffish, a hardcore fish bow down to nobody that in springtime they migrate up in the shallows. Great meat and excellent on the grill they can reach sizes over 16kg. The Red spotted flounder, a very tasty flatfish that is a common sight when you look for Halibut, is around the 3kg mark. King crab, the mighty and super tasty king from the depths and also, the delicious Scallops and the Lemon sole, red crab, monkfish, mackerel, haddock...

But don't get me wrong, the real star here is the Norwegian Atlantic Halibut. Not only because it is such a magnificent creature of the sea, but mostly because of its tasty and snowy white flesh, which is both juicy and firm. The Halibut is simply an excellent food fish, with large bones and rich meat also make it quite easy to gut, cut and clean. It has been a long-standing tradition to serve Atlantic Halibut on special occasions such as holidays and weddings. The fish has been so valued that, back in the day, at Norwegian weddings, the priest would sometimes get his bonus paid in Halibut.

The strange look of the Atlantic Halibut is characteristic of the so-called right-eyed flounders: Brown speckled on top, white underneath, with two bulging eyes on one side of the small head. But it doesn't actually look like this all its life. Like all other fish, it is born with eyes on each side of its head, before undergoing a momentous transformation. Just as a tadpole becomes a frog, the Halibut goes through a metamorphosis. The body tilts to the side, the left side parallel to the seafloor and the right side facing the surface. The left eye then migrates to the top of the head. Precisely, how it does this is uncertain, but scientists believe that the eye moves toward the light from the surface, and that vitamin A from that same light causes the pigmentation of the upper side of the fish.



# ACCOMMODATION



Let's go to the beautiful Lofoten!

The most stylish and most comfortable way for holiday in Lofoten is to spend the night in the old fishermen's cabins. These were formerly used by the Lofot fishermen as working and sleeping places. Most Rorbuer are located directly on the water, centrally at the harbor. From almost every window you have a nice view of the mountains or the water. All fishermen's cabins include a porch with a comfortable seating area. The buildings are listed, and most of the Rorbuer are largely preserved in their original state. Each house has a kitchen, bathroom with shower / WC and 2 to 4 bedrooms.

Wifi for all guests is available for free. In the small village shop you get everything you need, and the food & drink in the restaurant it's awesome!



# BOAT



We have a full fleet of from 23 to 28 foot boats, cabined or with a T Top, and each one is equipped with fish finder, GPS / chartplotter, all electronics, safety gear, etc. The boats are ideal for fishing for 3 to 4 anglers, and are seriously trusty and well maintained, and equipped with many rod holders and all the fishing equipment you will need, including rod, reels, leaders, hooks, lures, fishing suites, etc... You don't need to bring not even a single hook or rod, we have everything you need, in shape, and with all the best fishing and clothing equipment.

The harbour it's in front of your accommodation, generously dimensioned, comfortable, accessible, with a fish-cleaning area and a nearby freezing room where you can comfortably freeze some fish if you want to take it back home.

We take safety very seriously even when conditions are as hard as they can be up here in the north. We normally fish 3 to 4 people from 23.5 foot boats with Suzuki 150 hp outboards, and all boats are equipped with a "Tracker system" for increased security, and we also have a full-time mechanic who travels around between the camps during the season to maintain the boats.

Your guides will be very experienced, so definitely we will have the best chance for an amazing fishing experience that will fulfill your best expectations.



# SURROUNDINGS



Magical fjords and majestic alps. White sandy beaches and turquoise shallow water. The nature in Lofoten is one of a kind.

You'll never forget your first approach to the Lofoten Islands. The islands' tall, craggy profiles stand against the sky like some spiky sea dragon. The beauty of this place is simply staggering. The main islands, Austvågøy, Vestvågøy, Flakstadøy and Moskenesøy, are separated from the mainland by Vestfjorden, but all are connected by road bridges and tunnels. On each are sheltered bays, sheep pastures and picturesque villages. The views and the special quality of the Arctic light have long attracted artists, whose work is displayed in galleries throughout the islands. One of the best ways to appreciate the unparalleled views is to follow the E10 road (which runs along the islands from tip to toe) and take every detour you have time for en route.

We are happy to provide numerous options and suggestions for guests who wish to add some extra activities and experiences to your fishing trip, like Mountain trekking, Whale and wildlife watching, Camping in the wild to experience the midnight sun or the northern lights (aurora polaris)...



# OTHER ACTIVITIES



Many people don't realize that North Norway is located in the Arctic Circle and this means that it is the best place to look for the Midnight Sun. This natural phenomenon happens every year around the summer solstice when the sun never sets and it is permanently day time. Another key feature of the Arctic Circle is the presence of the famous Northern Lights which are made by particles from the sun entering the earth's atmosphere.

Norway is the last refuge for some of Europe's most intriguing wildlife. In the pre-internet days some tourists hoped they would be able to see polar bears walking the streets. As a matter of fact, they can only be spotted in Svalbard, but you may stumble upon moose, reindeer, or a white-tailed eagle's nest on your own trips into the Norwegian wilderness. If you prefer an organized trip, you could join a wildlife safari. These animal safaris will bring you near creatures such as whales, the long-haired musk oxen, or the king crabs near the Russian border. Several protected islands are excellent destinations for birdwatchers, like the Vega archipelago in Northern Norway or Runde in the west.

All fjords sit among pretty inlets and islands which back on the icy summits and eventually empty out into the Norwegian Sea. The waterways are made up of long networks that would have occurred during the Ice Age. One of the best ways to take in the majesty of the fjords is to take a tour. In the warmer months you can go kayaking or canoeing here and if you plan a trip between December and February then there is a good chance of seeing the northern lights.



# USEFUL INFORMATION



Water Temp is between 7 to 12 degrees Celsius depending on the season, and we strongly recommend using our warm and dry suits.

You can bring your own fishing gear if you want, despite we will have everything ready for you there. For Halibut fishing all the setups must be strong and heavily rigged, capable of holding and supporting long and powerful fights. For Cod and other spinning fishing techniques, we suggest lighter gear with a variety of topwater lures, plastics, jigs, etc.

Norwegian airlines allows you to bring back home 18Kg extra of properly packed fish and we will provide all the certificates you need to bring them home with any problem.

Despite all transfers being included in our plan, we recommend renting a car during your stay if you are coming with family or people that will not be fishing. These parts of Norway have a lot to offer besides fishing.

The living cost in Norway is very high, so we recommend avoiding taxis and restaurants. Better go for the home-made fresh food and barbeque on the terrace accommodations over the fjords with a beer in your hand. Sounds as good as it is.

We have tons of options to do here, so bring your gear and some trekking clothes, we can get deep into the wild and enjoy the special light we have up here!

In Norway the power plugs and sockets are of type F. The standard voltage is 230 V and the standard frequency is 50 Hz. This socket also works with plug C and plug E.



# WHAT TO BRING



- Normally we will travel between July and September, anyway, bring warm clothes, windstopper, boots, gloves and sandals for the sauna!
- All your fishing gear if you want to fish with yours
- All your fishing apparel
- Your medicines
- Trekking clothes, shoes, raincoat & comfortable clothes
- Passport with more than 6 months of validity
- Camera
- Credit card



# MEDIA & GUIDING



As a Professional Freelance Audiovisual Producer & Fishing / Spearfishing Guide, my job is to promote the best trips around the world, operated by the best companies I work with, always offering the best quality and compromise. I will, simply, bring you the best destinations, personally known, that offer you all the guarantees and adapts to your necessities. If you are a group, great! If you are alone, don't worry, I will find more people to join you! Whatever you want, from hardcore fishing to family vacation, I will provide Expert Coaching, advices & knowledge in the field, to make you catch that "one in a life-time" fish, that sometimes can be so elusive and challenging.

I know where & when to find them, and how to get you on them!

I'm also a professional cinematographer & photographer, and I will be capturing footage of your experience so you can have high quality content of memories that will last a lifetime. My gear allows me to film from the sky, underwater and outside, with the best quality, so forget about the videos & photos, I will be there to capture every moment while in the water.



# WHAT'S INCLUDED & WHAT'S NOT



## Included

- 8 days (7 nights) accommodation at the fjord front cabins in a single room occupancy basis
- 5 days of guided fishing from our fully equipped boats
- All fishing gear, dry suits & boots
- Transfers from and to Lekness / accommodation
- Guiding and media coverage
- Assistance 24/7
- Insurance

## Not included

- Flights
- All meals
- Tips