

# COSTA RICA - SPEARFISHING



The Pacific coast of Costa Rica it's the place to spend some awesome time in the water and catch some magnificent fish surrounded by pristine jungles and wildlife. The waters in this area holds many fish to choose from, between them are monster Cubera Snapper, Amberjacks, Groupers, Spanish Mackerel, Barracuda, Red Snappers, and many more pelagic species like the Wahoo & Yellowfin Tuna.

The inshore destinations are where we have some of the most fun action, lots of trigger pulls at shallow depths with massive fish as well as many different species.

The blue water spots have some of the most densely populated pinnacles in the world for gamefish. You will not get bored!

# TARGET SPECIES



One of the reasons why Costa Rica is so popular when it comes to spearfishing is the wide variety of fish that are in its waters and that some of these fish types are quite large.

There are many different species of snapper in the waters of Costa Rica from 3 to 100 pound, usually found in shallow water. One of the most exciting types to seek is the cubera snapper which is the largest of all types. Other types include dog snapper, mullet snapper, and spotted rose snapper.

Yellowfin reach here from 50 to 200 pound. This amazing pelagic fish are found all year long although the best months for hunting them are from June through September. The Yellowfin Tuna are always in motion, are very strong and fast, and the delicious meat of this fish makes it worth the good fight.

Amberjacks can reach massive sizes here up to 150 pounds, and they are always a trophy fish to catch. Powerful and challenging, is one of the fish you must target here, without any doubt.

Mahi Mahi, Wahoos and other pelagic species are also among the target fish you will find in these waters of the Pacific Ocean.

# ACCOMMODATION



Beach front rooms with AC and comfortable beds, swimming pool & bar, cleaning service and laundry, freshly made breakfast, and friendly people.

The accommodation it's just in front of the beach, so it's easy to get your gear and jump into the boat every morning. Relax and enjoy your stay.

We have also available other Hotels and Lodges. If you feel that this accommodation is not for you, and you want something more exclusive, we have several options available for you, just ask for it.

# BOAT



Big "Pangas" it's all you need to get quick and surf the waves in this place. Fully equipped with powerful engines and all electronics, are the perfect tool to hunt in the waters of Costa Rica.

# SURROUNDINGS



Beside spearfishing, in Costa Rica you can be centering yourself on a surfboard or yoga mat, descending into bat-filled caves or ascending misty volcanic peaks, hiking, biking or ziplining, your only limit is your return date.

If marketing experts could draw up an ideal destination, Costa Rica might be it. The "rich coast" has earned its name and stands apart from its Central American neighbors on the cutting edge of so many trends: surfing, farm-to-table restaurants, and sustainable tourism. Developing infrastructure is balanced by green energy such as wind and hydro. One of the world's most biodiverse countries, with half a million species, from insects to the giant anteaters that devour them, it also protects one-quarter of its wild lands through law.

Rainforest hikes and brisk high-altitude trails, rushing white-water rapids and warm-water, world-class surfing: Costa Rica offers a dizzying suite of outdoor adventures in every shape and size, from the squeal-inducing rush of a canopy zipline to a sun-dazed afternoon at the beach. National parks allow visitors to glimpse life in both rainforest and cloud forest, simmering volcanoes offer otherworldly vistas, and reliable surf breaks are suited to beginners and experts alike. Can't decide? Don't worry we can plan a relatively short trip that includes it all.

A recent study showed that many Costa Ricans live longer, healthier lives than people on the rest of the planet, and it all comes down to "pura vida" or "pure life", a term you'll hear everywhere. Before you dismiss it as marketing banter (and it is a big marketing phrase), listen to how it's used. It means hello, goodbye, everything's cool, same to you. It never has a negative connotation. You may enter the country not believing it, but after a week you'll be saying it, too, unconsciously: pura vida, mae. Relax and enjoy the ride.

Such wildlife abounds in Costa Rica as to seem almost cartoonish: keel-billed toucans ogle you from treetops and scarlet macaws raucously announce their flight plans. A keen eye will discern a sloth on a branch or the eyes of a caiman breaking the surface of a mangrove swamp, while alert ears will catch rustling leaves signaling a troop of white-faced capuchins or the haunting call of a howler monkey. Blue morpho butterflies flit amid orchid-festooned trees, while colorful tropical fish, sharks, rays, dolphins and whales thrive offshore, all as if in a conservationist's dream.

# OTHER ACTIVITIES



Jungle Canopy Adventure and zip lining. One of the most sought-after Costa Rica excursions is exploring the jungle canopy. And with rainforests covering 51% of the country, there's plenty to go around. You can zip-line through the rainforest canopy. You will get a bird's-eye view of the lush jungle below, sometimes getting hundreds of feet above the forest floor. If zip-lining is a little more of an adrenaline rush than you'd like, don't fret. An aerial tram may be more your speed. You can tour the same stunning vistas from the security of the tram. And because you're not zipping through the canopy at high speeds, you'll get a closer look at the beautiful vegetation of the treetops. You might even be able to spot some native wildlife, like quetzals, howler monkeys, or the ever adorable sloths.

Rainforest trekking in the wildest jungles in the world. Tour the jungle through an elevated walking path. Enjoy some spectacular views from horseback or ride a kayak down the river, all while making a minimal impact on the environment around you. If you'd like a more guided tour, the reserve offers an educational tour in an ox-drawn cart. You'll get an in-depth guide to the wildlife and cultural history of the area. As far as Costa Rica excursions go, this one has something for everyone.

Costa Rica has become a popular surf destination for good reason. There's consistent year-round surf, the water temperature averages in the low 80s, and there's an ever-present relaxed vibe with magical powers to chillax your every last ounce of stress. Secluded beaches, wild jungle and epic surf, make Costa Rica an utopia for those with a wild heart, staying in front of the beach, enjoy the relaxed Pura Vida lifestyle of this beautiful country with mesmerizing nature. Although you'll find a few crowded surf breaks, in a way similar to what you get in Southern California, Australia, and Western Europe, it is safe to say that Costa Rica offers a balanced menu of quality waves and riding opportunities.

# USEFUL INFORMATION



The best season goes from January to April, regarding fish activity and weather.

Before heading for a spearfishing trip anywhere, it's essential to review the regulations of the area. In order to perform any type of fishing in the waters of Costa Rica, you must have a fishing license, which can't be passed from one fisherman to another because it comes with the owner's name. Thankfully, getting a fishing license is quite easy and only takes a few minutes at the dock. The cost it's \$56,5 USD, and the license is valid for one year.

Costa Rica is one of the safest social environments in Central America. As a result, tourism boosted, and the country's economy thrived. Has a relatively steady climate with temperatures ranging between 78°F and 80°F (26°C-27°C), and rainfalls are intense yet rare and come in short bursts, nothing to be worried about.

Costa Rica's national currency is known as the colón, but dollars are widely accepted in tourist areas and other places around the country and most major towns. Even some small villages have at least one ATM, so using these machines is a great way to ensure you've got access to your money when you need it.

In Costa Rica the power plugs and sockets are of type A and B. The standard voltage is 120 V and the standard frequency is 60 Hz.

Dengue is unusual but always a risk in many parts of Central and South America, Mexico, and the Caribbean. Some countries are reporting increased numbers of cases of the disease. Travelers to the Americas can protect themselves by preventing mosquito bites, using insect repellent or sleeping under mosquito nets. Make sure you are up-to-date on all routine vaccines before every trip, but beside this some vaccines are recommended before travelling to Costa Rica. The National Travel Health Network and Centre and WHO, recommend the following vaccinations for Costa Rica: Hepatitis A, Typhoid, Yellow Fever and rabies.

Most of the people who wish to travel to Costa Rica don't need a tourist visa, but this will depend on your nationality, purpose of visit, country of residence and duration of stay.

# WHAT TO BRING



- All your spearfishing gear like your mask, belt, speargun, extra shafts, floatline, floats, reel, fins, wetsuit, knife, etc.
- All your spearfishing apparel
- Your beach clothes, hat, sunscreen, glasses, etc
- Insect repellent & your medicines
- Passport with more than 6 months of validity
- Camera
- Cash in \$ (USD) or €



# MEDIA & GUIDING



As a Professional Freelance Audiovisual Producer & Fishing / Spearfishing Guide, my job is to promote the best trips around the world, operated by the best companies I work with, always offering the best quality and compromise. I will, simply, bring you the best destinations, personally known, that offer you all the guarantees and adapts to your necessities. If you are a group, great! If you are alone, don't worry, I will find more people to join you! Whatever you want, from hardcore fishing to family vacation, I will provide Expert Coaching, advices & knowledge in the field, to make you catch that "one in a life-time" fish, that sometimes can be so elusive and challenging.

I know where & when to find them, and how to get you on them!

I'm also a professional cinematographer & photographer, and I will be capturing footage of your experience so you can have high quality content of memories that will last a life time. My gear allows me to film from the sky, underwater and outside, with the best quality, so forget about the videos & fotos, I will be there to capture every moment while in the water.

# WHAT'S INCLUDED & WHAT'S NOT



## Included

- 8 days and 7 nights accommodation with breakfast included in a double room with AC in a shared occupancy basis (single occupancy available upon request)
- 5 full days of guided spearfishing with meals, snacks, fruits & drinks aboard
- Expert guiding & media service
- Basic insurance
- Assistance 24/7
- Transfers to and from the airport in San Jose / accommodation

## Not included

- Flights to and from San Jose
- Extra day trips and activities not included in the program
- Visa (only if required)
- Spearfishing gear (available upon request)
- Spearfishing license (in arrival, for \$56,5 USD)
- Other meals not included in the plan
- Tips